

Multiple Intelligences Worksheet

Rate yourself on a scale from 1 (least like me) to 5 (most like me) in each category

1

- Likes to talk, talk, talk
- Likes to read
- Likes to write stories, poems,
- Likes to learn new words and how to use them
- Wants to know the meaning of different words
- Enjoys Scrabble, Password and other word games
- Likes tongue twisters, nonsense rhymes or puns
- Loves English, Social Studies & History

Total

3

- Manipulates images visually
- Reads maps, charts and diagrams
- Daydreams more than others
- Draws figures which are advanced for age group
- Loves movies, videos, slides, visuals
- Enjoys puzzles and mazes
- Likes pictures more than words
- Doodles on books and papers

Total

2

- Loves playing with numbers
- Likes addition, subtraction, multiplication, division and other operations with numbers
- Loves Math and Science
- Loves playing games or solving brainteasers that require logical thinking
- Looks for patterns, regularities or logical sequences in things
- Likes to measure or categorize things
- Likes logical argumentation
- Likes to collect things and develops orderly systems

Total

4

- Learns and expresses self through movement
- Likes to build things
- Excels in one or more sports
- Moves, twitches, taps or fidgets
- Can mimic other people's gestures
- Enjoys movement - dancing, running, exercising
- Has excellent manual dexterity
- Likes to "clown around"

Total

5

- Enjoys listening to different types of music
- Expresses music through body movement, humming, whistling and singing
- Sensitivity to rhythm, beat, pitch and sound
- Has a good singing voice
- Plays a musical instrument
- Sensitive to environmental sounds
- Composes music or rhythms
- Enjoys performing music

Total

7

- Shows independence and strong will
- Understands self - strengths and weaknesses, inner feelings and ideas
- Loves to keep a journal
- Shows autonomy in some actions
- Knows own needs and how to meet them
- Marches to the beat of a different drummer
- Prefers working alone most of the time
- Learns from successes and failures

Total

6

- Enjoys people
- Interacts effectively with others
- Shows natural leadership
- Communicates effectively
- Solves conflicts with others
- Likes to play games involving others
- Has empathy toward others
- Knows how to respond to others

Total

8

- Shows knowledge of the living world
- Experiences a "oneness" with nature
- Shows concern about the environment and animals
- Studies plants and animals and their classifications
- Enjoys roles related to nature
- Loves to have many pets
- Loves the outdoors
- Shows concern about environmental issues

Total